



Northumberland Breakers Volleyball Club Athlete Code of Conduct

The Breakers Volleyball club is very proud that you have chosen to participate this season. Each athlete will be expected to comply with the Code of Conduct set forth in this agreement.

I therefore agree that:

- I will learn the rules of the game as set out by Volleyball Canada
- I am responsible for being aware of tournament details and my parents are responsible for my transportation to and from tournaments.
- During tournaments, I will travel in a group in full team outfit. This is for both team building and safety reasons.

Safe Play:

- I will inform the coach of any physical disability or ailment that may affect my safety or the safety of my teammates
- I understand that possession and/or use of drugs, alcohol and tobacco are strictly prohibited at all club activities including overnight tournament accommodation. If I am caught with drugs, alcohol or tobacco I will be subject to expulsion.

Practices

- I am required to attend all practices. If for any reason I cannot make practice I am expected to notify the coach directly.
- I will be on time for each practice
- I will give 100% of my attention and effort to all drills and scrimmages. I will not distract others from their focus.
- I will help to set up and put away nets, balls and carts. I will clean up the gym by removing water bottles, garbage and all clothing.
- I will treat the facility with respect and leave it the way I found it.
- I will not wear jewelry
- I will wear Breakers Volleyball attire
- I will have my cell phone turned off during practice.

Sportsmanship:

- I will treat my teammates, coaches, opponents, event organizers and spectators with respect
- I will be supportive of my teammates.....no "put-downs"
- I will not engage in any kind of unsportsmanlike conduct with any player, coach, spectator, official or parent.
- I understand that any activity, gesture or words deemed disrespectful or abusive will not be tolerated by the club.
- I will respect the officials and their authority during games.

Coaching:

- I will respect my coach and his/her efforts
- I will allow the team coaches to make the decisions regarding game strategy, player positions and line-ups.
- I understand that playing time will be afforded to all players, but not necessarily in equal proportions. Substituting in or out of a game reflects players' strengths and/or weaknesses or, in some cases, strategy adjustments by a coach. Playing time is the sole decision of the coach.

Communication:

- I understand that I should approach the coach if I have a problem.
- I understand that if I do not solve that problem with my coach then my parents can talk to the coach at an appropriate time.
- I understand that I should never question, discuss or confront coaches during practice, during a match or during a tournament. I should wait for an appropriate time for my discussions.
- I understand that there are times when I feel I need to speak immediately to the coach. I will wait 24 hours after the triggering event so as to make that conversation as productive as possible.

Consequences:

I also agree that if I fail to abide by the aforementioned rules and guidelines, I will be subject to disciplinary action as follows:

- a) verbal notification of the infraction from a member of the coaching staff or Board Member
- b) written notification of the infraction from a member of the Board
- c) suspension from Club activities for an indicated period of time, at the discretion of the Board
- d) Expulsion from the club at the discretion of the Board.

By signing this document, I confirm that I have read and understood the “Athlete and Parent Expectations” and the Athlete’s Code of Conduct. I agree to abide by the Northumberland Breakers Athlete’s Code of Conduct.

Athlete’s signature _____

Parent/guardian signature _____

Date _____

The Northumberland Breakers Volleyball Club would like to welcome you to our organization.